THE OAK

& seventy seven

Ruth L. Ziegler

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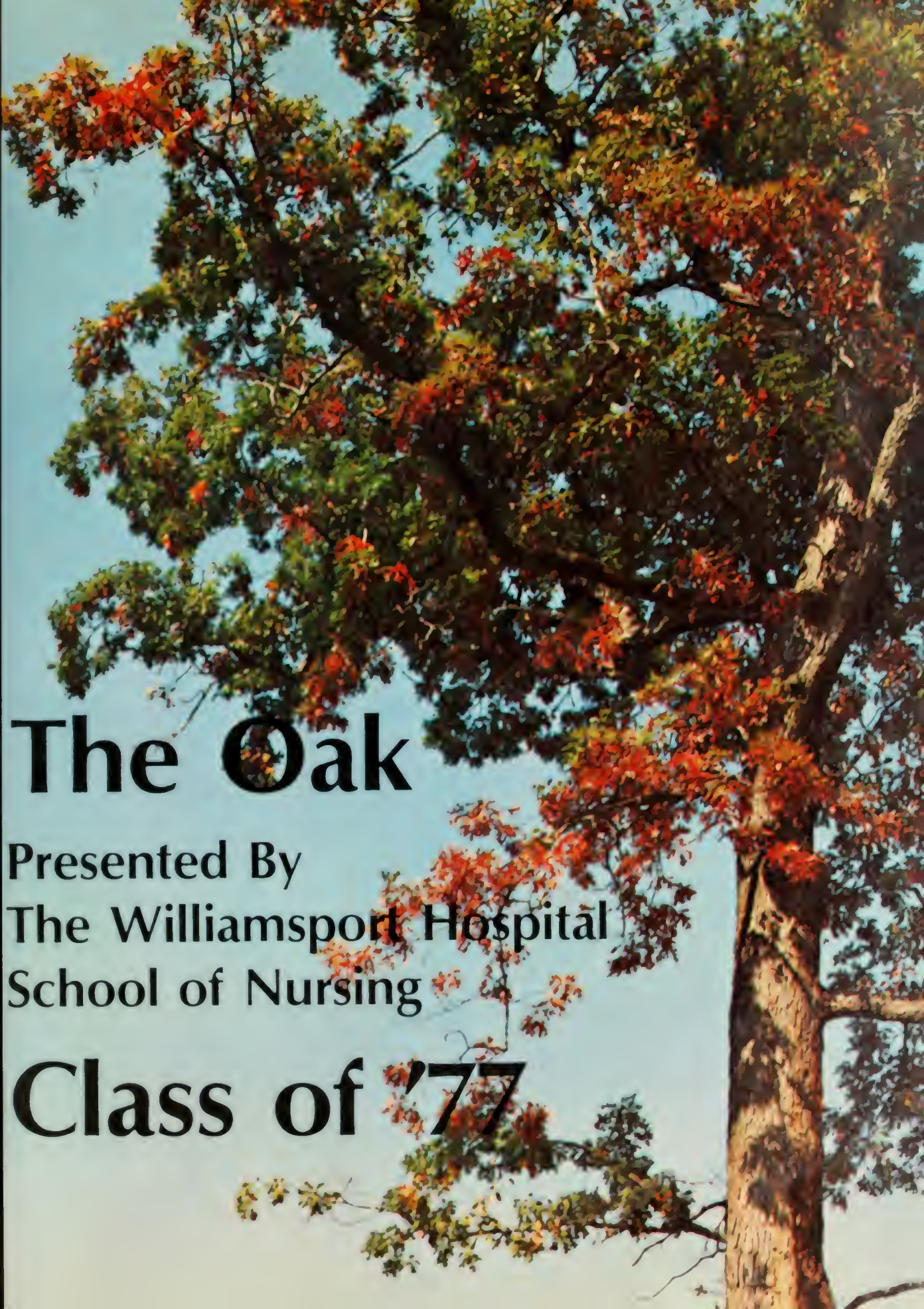


The Oak

Presented By
The Williamsport Hospital
School of Nursing

Class of '77

Dedication

A diminutive, quiet, yet strong woman, for whom we have great affection, stands out among those we will remember at the WHSN. As class advisor she encouraged and guided us for three years. Supportive of all our interests, she participated actively in NCF and SNAP. She instructed us — increasing our nursing knowledge and skills. In these roles, she always gave of herself. We laughed and learned together — as friends. Not only for being an external influence on us will we remember her, but also, for becoming a part of us. Calmly, quietly, her friendship with us grew until we felt we had attained a personal relationship. As such, we shared more and learned much more about ourselves and our profession through sharing our experiences together.

As we leave this special and unforgettable part of our lives to go toward our practice of professional nursing, we take memories of her with us. In return we know that some of us remains with her. With gratitude, we dedicate our "Memories" to **Judy Coup.**

Memories light the corners of my mind . . .

... **Misty water-colored memories of the way we were** ... We were confused, hesitant freshman bewildered by the unfamiliar and unsure of our ability to cope with the demands of our new life. Initiating her career as an instructor, she shared some of these feelings and better understood our growing pains and differences of opinion. Patient, tolerant and understanding, she urged us to focus on our common goal — becoming a nurse and realizing our capabilities. Thank you **Mrs. Jansson.**

... **Smiles we gave to one another for the way we were** ... Her bubbling personality, cheery greeting, smiling face! She relieved our physical pains, recognized our needs and lessened our discomforts. She never was **too** busy. She took time to help us deal with our anxieties and gave us moral support. As a clinical instructor, she shared her knowledge enthusiastically. Her presence reassured us as we cared for patients. She is a source of strength, a knowledgeable instructor, a trusted confidante and a valued friend. Thank you **Mrs. Riley.**

If we had the chance to do it all again,

Tell me ... Would we? Could we?

Memories,

light the corners of my mind ...

Scattered pictures

of the smiles we left behind ...

Can it be that it was all so simple then

or has time rewritten every line?

Memories may be beautiful and yet,

Much to painful to remember,

But it's the laughter

we will remember

Whenever we remember

the way we were.

SENIORS

Memories . . .

Front Row: Left to Right: J. Good, B. Marvi, A. Fry, D. Baier, D. Plymette, C. Sigafoos, L. Fritz, M. Neyhart, V. Yohe, K. Kelly; Second Row: C. Girio, S. Eschbach, C. Fisher, V. Cook, T. Metzler, C. Shaffer, D. Pepperman, R. Echoff, C. Slack, C. Powell, D. Staib; Third Row: C. Molek, K. Pasukinis, B. Nyman, K. Floyd, B. Tidd, J. Aurand, K. Hedgeland, D. Klock, R. Mokrzynski, V. Eichenlaub, A. Norris; Fourth Row: D. Brown, D. Basom, J. Nihart, D. Waldman, J. Aunkst, B. Anderson, K. Araway, B. Busshaus, G. Force, V. MacIndoe.

The Way We Were . . .

Do you remember — the way we were — On that special day, Sept. 2, 1974? We met for the first time and the Class of 1977 was born. Think back to that day — we brought with us all our hopes and expectations, our dreams and tears, we were ready to conquer the world, to be among the best. Then came the first night, and the longing for freedom and loved ones dominated our thoughts.

Did we quit there? No, together in oneness we strove on with a willingness and burning desire to achieve, as well as an intimate love for mankind that made each of us what we are today. The closer we got to our goal, the more realistic it seemed. We couldn't have done it without

Roommates — those special people who listen to your problems until two in the morning, laugh when you are down, lend a helping hand when the burden is too heavy, and a broad shoulder when the weight of the whole world seems to be solely on your shoulders. Yes, roommates are those precious people who we've come to love and will always keep locked in memories.

Homesickness, tears, sorrows, joys, laughter and hard work. These all played their part in the maturation of a teenager into a woman with responsibility. Along with this was the almost nightly popcorn and pizza — who ever was on a diet? — the soap operas, which sometimes could have signified our lives. Long distance phone calls, letters from the special man, and of course, who could forget care plans and case studies — walking into the room and climbing over books and rubble, only to find your roommate buried beneath all that mess in the midst of a masterpiece, called a case study.

When rummaging through memories, who could possibly forget our experiences with the health room? It's no wonder the tenure of our health nurses never exceeded one year. Who could have kept abreast of our constantly developing ills, whether pseudo or real, self diagnoses and all. Remember in class we would review diseases, and lo and behold, within the week everyone would exhibit symptoms of diabetes, cardiac disease, mental illness, etc. Whatever we studied, we had it! When studying for a test, who needed a book? We just simply had to look at ourselves and the clinical picture was clear.

Who could begin to put into words all the good and bad times on one page? How could we possibly forget to mention items like working 3-10 during O.B. rotation, or the pressures and depressions associated with nursing? Yet we were still able to sit down and laugh about it. Remember the movies we watched in the fourth floor lounge? We would turn out the light and pass around the tissues, hoping no one else would see us cry.

Remember coming back to school and finding someone else engaged, or sharing their plans for the future? The future, our goal to be an R.N., and here it is. With our achievement comes a twinge of sadness for things remembered that will no longer be. But we have our precious memories. Locked within our hearts and minds these will always be the part of us we brought along on Sept. 2, 1974, and left with on June 9, 1977, the realization that through our need to serve mankind we became — **ourselves**.

Bernadette Anderson

For yesterday is but a dream,
And tomorrow is only a vision;
But today, well lived,
Makes every yesterday
A dream of happiness,
And every tomorrow a vision of hope.

— Unknown

Kathy Araway

Don't walk in front of me, I may not follow;
Don't walk behind me, I may not lead;
Just walk beside me and be my friend.

Unknown

Joan Aunkst

Trust in the Lord with all thine heart;
And lean not unto thine own understanding.
In all thy ways acknowledge him
And he shall direct thy paths.
Be not wise in thine own eyes;
Fear the Lord, and depart from evil.

Proverbs 3: 5, 6 & 7

Judy Aurand

There is no deeper happiness
Than that which comes from sharing . . .
No greater joy than that which comes
From loving, giving, caring.

George Webster Douglas

Debora Baier

I shall pass through this world but once.
If, therefore, there be any good thing I can do,
Let me do it now; let me not defer it or neglect
It, for I shall not pass this way again.

De Grellet

Dawn Basom

Show me thy ways, O Lord;
Teach me thy paths.
Lead me in thy truth, and teach me:
For thou art the God of my salvation;
On thee do I wait all the day.

Psalm 25: 4-5

Debra Brown

Nature hath given men one tongue,
But two ears;
That we may hear from others
Twice as much as we speak.

Epictetus

Barbara Busshaus

To really get to know someone you must spend some togetherness. You can't love someone without knowing what makes that person tick.

I'm not going to lead you on or lie about anything. I only try to tell what is inside of me. I hope you will do the same.

Both people must give, both must receive to be happy together. I need someone to take all I am capable of giving. I want someone who will give as much as I, that's what togetherness is all about.

— b. e. have

Vickie Cook

I'll catch the sun
And never give it back again.
I'll catch the sun
And keep it for my own.
And in a world where no one understands
I'll take my outstretched hand
And offer it to anyone
Who comes along and tells me
He's in need of love.
In need of hope or maybe just a friend.
Perhaps in time I'll even share my sun
With that new anyone
To whom I gave my hand.

Rod McKuen

Ruth Echoff

God grant me the serenity
to accept the things
I cannot change,
The courage to change
the things I can, and
The wisdom to know the difference.

St. Francis of Assisi

Vicki Eichenlaub

I've had dreams enough for one
And I've got love enough for three
I have my hopes to comfort me
I've got my new horizons out to sea

But I'm never gonna lose your precious gift
It will always be that way
And I know I'm gonna find my own peace of mind
Some day, some way.

The Moody Blues

Sandra Eschbach

And it's whispered that soon if we all
Call the tune
Then the piper will lead us to reason.
And a new day will dawn for those
Who stand long
And the forests will echo with laughter.

Jimmy Page/Robert Plant

Carol Fisher

If you cannot understand my silence
You cannot understand my words.

Unknown.

Kathy Floyd

"For his anger endureth but a moment; in his favour is life: weeping may endure for a night but joy cometh in the morning."

Psalms 30:5

Gail Force

For yesterday is but a dream and tomorrow is only a vision but today well lived makes yesterday a dream of happiness and every tomorrow a vision of hope.

Unknown

Lonna Fritz

Some things I cannot understand. I ask the question, "Why?" Then I hear Him say so tenderly, "Trust me.", and He wipes the tear from my eye. "I know what's best for My children, I see things you cannot. Take My hand . . . I am leading, for tomorrow give no thought."

I take His hand outstretched, I grasp in uncertainty; Suddenly I feel a strength, I know He's guiding me.

Unknown.

Audrey Fry

A friend is:
A push when you've stopped
A word when you're lonely
A guide when you're searching
A smile when you're sad
A song when you're glad.

Unknown.

Cheryl Girio

To my loving and supportive husband,
I would give you flowers,
Golden, glad and gay . . .
And a bird of happiness
To brighten every day . . .
I would give you memories
That should be tucked away . . .
In some small corner of your heart
Where they per chance, may stay
I would give you tenderness
And love without delay . . .
All I own I offer you, forever,
Come what may . . .
I would give a prayer for you
That God shall fill your cup . . .
But one thing I would not give:
I would not give you up!

Cheryl Girio

Jane Good

The way is long . . . let us go together,
The way is difficult . . . let us help each other,
The way is joyful . . . let us share it,
The way is ours alone . . . let us go in love,
The way opens before us . . . let us begin.

Unknown

Kim Hedgeland

If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

Thoreau.

Karen Kelley

Accept me as I am so I may
Learn what I can become.

Unknown

Debra Klock

Each is given a bag of tools,
A shapeless mass,
A book of rules;
And each must make, ere life is flown,
A stumbling-block or a stepping-stone.

Unknown.

Virginia MacIndoe

"Thus saith the Lord, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches:

But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the Lord which exercise loving-kindness, judgement, and righteousness, in the earth: for in these things I delight, saith the Lord."

Jeremiah 9:23-24

Barbara Marvi

May the roads rise
  with you
And the wind be always
  at your back;
And may the Lord
  hold you
In the hollow of
  His hand.
    Dedicated to my loving family,
    Bobbie Marvi

Twila Metzler

They that wait upon the Lord shall renew their strength; They shall mount up with wings as eagles; They shall run, and not be weary; And they shall walk, and not faint.

Isaiah 40:31

Rosanne Mokrzynski

Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed.

Storm Jameson

Christine Molek

The journey of a thousand miles begins with one step.

Lao-Tse

Marilyn Neyhart

Love is waiting for a lover.
Generations kneel for peace.
What men lose, man will recover
Polishing the brains his bones release.

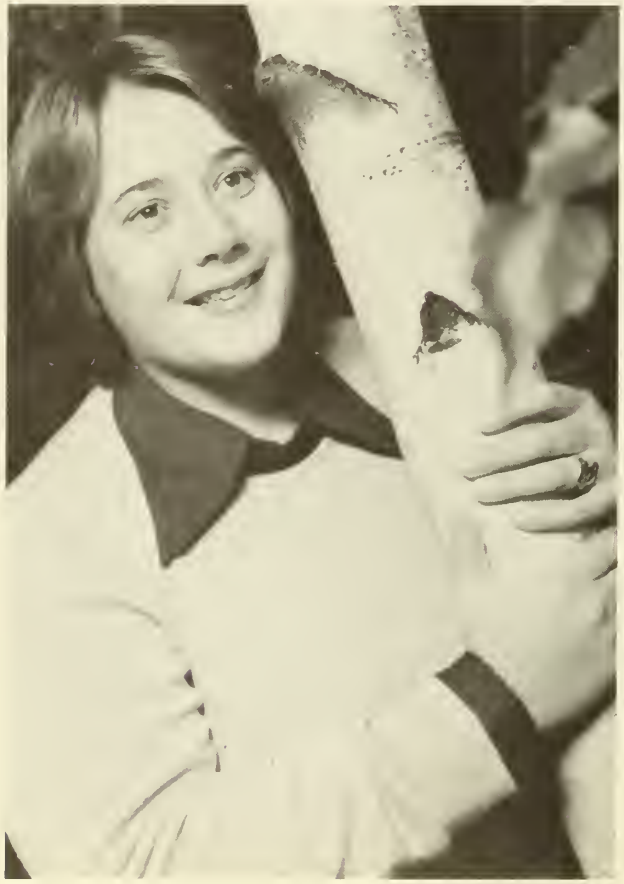
Truth conceals itself in error.
History reveals it's face:
Days of ectasy and terror
Invent the future that invents the race.

Donald Lehmkuhl

Jeanne Nihart

What lies behind us and what lies before us are tiny matters compared to what lies within us.

Unknown



Anastasia Norris

I do my thing, and you do your thing.
I am not in this world to live up to your expectations
And you are not in this world to live up to mine.
You are you and I am I,
And if by chance we find each other,
it's beautiful.

Frederick S. Perls.

Barbara Nyman

It's not what you gather but what you sow
That gives the heart a warming glow.
It's not what you get but what you give
Decides the kind of life you live.
It's not what you hoard but what you spare.
It's not what you take but what you share —
That pays the greater dividend
And makes you richer in the end.

Patience Strong.

Kathleen Pasukinis

While some advance
The rest retire.
While some inhale
The rest respire.
While some are weak
The rest are strong.
While some stand still
The rest move on.

Ellen Kei Hua

Debra Pepperman

If a child lives with criticism, He learns to condemn.
If a child lives with hostility, He learns to fight.
If a child lives with ridicule, He learns to be shy.
If a child lives with shame, He learns to feel guilty.
If a child lives with tolerance, He learns to be patient.
If a child lives with encouragement, He learns confidence.
If a child lives with praise, He learns to appreciate.
If a child lives with fairness, He learns justice.
If a child lives with security, He learns to have faith.
If a child lives with approval, He learns to like himself.
If a child lives with acceptance and friendship,
He learns to find love in the world.

Dorothy Low Nolte

Diana Plymette

The wise man looks into space,
And does not regard
The small as too little,
Nor the great as too big;
For he knows that there is no limit to dimensions.
Lao-Tse

Carol Powell

Real joy comes not from ease or riches or from the praise of men, but from doing something worthwhile.

Wilfred J. Grenfell

Cynthia Shaffer

And a woman who held a babe against her bosom said, Speak to us of children.

And he said: Your children are not your children. They are the sons and daughters of Life's longing for itself. They come through you but not from you, and though they are with you yet they belong not to you.

You may give them your love but not your thoughts. For they have their own thoughts. You may house their bodies but not their souls, for their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams. You may strive to be like them, but seek not to make them like you.

Kahlil Gibran

Carol Sigafoos

How tall we are.
We've learned so much.
Everything it seems,
But how to stay in touch.

Rod McKuen

Carol Slack

Whoever you are, there is some younger person who thinks you are perfect. There is some work that will never be done if you don't do it. There is someone who would miss you if you were gone. There is a reason for becoming better than you are. There is a place to be filled that you alone can fill.

Unknown

Diane Staib

This is my creed –
To give my all each day
As though there were no possible tomorrow,
To use my joy to brighten someone's way –
My happiness, to ease another's sorrow.

Phyllis Culp Mabry

Barbara Tidd

I only hope that as I pass through this world of
sorrow, unhappiness and disease
I can take the gift of love given me and spread it
all around
That seeds of hope can grow into flowers of joy and
sunshine.

Barb Tidd

Donna Waldman

He that hopes to look back with satisfaction upon past years, must learn to know the present value of single minutes, and endeavor to let no particle of time fall useless to the ground.

Samuel Johnson

Vicki Yohe

If ye have faith, and doubt now, . . . and if you shall say unto this mountain, Be thou removed and be thou cast into the sea; it shall be done; Faith gives us wings; hope gives us heart and love gives us life.

Matthew 21:21
William Arthur Ward

SENIOR CLASS OFFICERS

Counter-clockwise from top left. Jeanne Nihart, Secretary: Lonna Fritz, Treasurer; Miss Coup, Advisor; Ruth Echoff, President; Mrs. Gustafson, Advisor; Debbie Brown, Vice President; Absent Deb Baier, Library Representative.

We looked forward to graduation yet we did not feel old enough or sufficiently experienced to assume the role of a graduate nurse. Our days were filled with patient care, care plans, and case studies. We planned for the future with hope and enthusiasm. During quiet moments each one felt the sadness which must come as the Class of 1977 becomes a memory and we seek our individual goals.

REMEMBER WHEN

Mokrzynski, Slack and Powell got 2nd degree burns from a sunlamp four days before the Spring formal.

Vickie Cook and Joan Aunkst held an arm wrestling championship in the cafeteria at lunchtime?

Hey D.K. – Do you know what French kissing is yet?

Dawn's reply to Mrs. Keller – "Oh, I was just flipping through all the notes we have already," at ten of three and set the whole Ped's class in an uproar?

The Seniors told the Juniors and Freshmen there wasn't a fire drill – and there was!

The day 6 kids from ICU stampeded through the hospital to keep an appointment at an autopsy?

The bump, the hustle and Vicki E.'s private dance class?

The day Carol Slack and Diane Staib lost the IV Team.

Bernie Anderson's baseball loyalty?

The Young and the Restless at noon.

In CCU preconference when the little man went down the kitchen chute followed by the scanner?

The morning Lonna got up at 2:00 A.M. because she looked at her clock upside down and thought it said 6:00.

The night the cold winds of December blew through the residence and we all froze!!!!!!!!!!!!!!

Our reaction papers became a reaction to our reaction papers?

The night Debbie Brown and Ruth Echoff rearranged their room because of the electrical storm!

The day Bobbi and Chris went to Well Baby Clinic – was that 224 Third St.? 224 Fourth St.? 734 Third St.? 224 W. Third? 224 E. Fourth? 224 E. Third? Guess who walked to them all?

The night Deb Pepperman had a male visitor in her room! Was he really the candy man?

The day we learned the real meaning of PVC and PAT?

Remember all the C.H.P.A.'s!!!!!!!!!!!!!!!!!!!!!!!!

AND WHEN . . .

The night it took four of us to do a care plan for ICU!

The night Diane Staib and Co. went to rescue Carol Powell from two broken glasses?

The first parade of the Williamsport Hospital School of Nursing Marching Band by Eichenlaub (drum majorette and conductor), Klock (clarinet and various instruments), and Hedgeland (clarinet and drum)!!!!!

In Ped's, IM meant intramattress!

The annual ten week dinner by candlelight after each semester!

Boobie's increasing restlessness and heavy breathing waiting for those long distance phone calls?

No one would help Jeanne Nihart and Carol Fisher dissect their cat in Biology Lab because of it's "ODOR"!!!

The one time Vicki wore a bra to a class meeting?

The day Ruth Echoff got stuck in the elevator with a hoagie and worksheet but no lights!

The great toenailectomy our Freshman year performed by the ancient and imported doctors and their staff.

We went into Biology Lab as friends, were enemies during lab and walked out as friends again!

What happened when Sandy and Deb left their curtains open? What an audience!!!!!

Klock's ONE Judo lesson?

All the sold-out performances by the new rock group "The Beatle Bugs"!!!!!

Vicki's Rape??????????????????????????????????????

When Chris pulled Mrs. Patterson's mask off while saying, "Nancy, I know it's you!"

The Horny Toad Award?

Carol Fisher's helpful trivia. Where would we be without it?

Vicki Yohe's 3 carat diamond ring?

Remember our shaving cream battles, short sheeted beds, water battles and sugar & crackers in bed?

Kim, what were you and your mattress doing in the elevator?????

The valiant student nurses go to the rescue of a rape victim only to find that she and her boyfriend were having an argument!

Remember the Christmas trees that were never found?

Carol Powell got a phone call over the intercom and went to the pay phone to answer it?

The night we poured water under Sandy Eschbach's door? What was the thud afterwards, Sandy???????

Saving energy studying by candlelight! Too bad the hospital didn't appreciate our efforts.

The Diamond Collection – every week they keep rolling in! Who's next, girls?

Bathing on the sunroof with the whole rehab floor watching!

Studying in the Stairwells!!!!!!!!!!!!!!!!!!!!!!!!!

Remember the mile high stack of dishes in the lounge for weeks at a time?

Bernie supervised Vicki's dressing change and they didn't know what to do with the holes in the chest!!!!!!!!!

Going out at 11:45 P.M. for hoagies and making it back for the midnight curfew!

The closer we got to graduation, the more Bride's Magazines were seen scattered in our rooms.

Vickie Cook and Cindy Shaffer were fishing out the window of room 419 with a coat hanger? They were retrieving the roses that disappeared from a 4th floor window! What happened, Vick?

The Freshman – Senior icebreaker when we were twirling imaginary batons, cheering, singing, describing the appearance and uses of lightbulbs, sipping (slurping?) lemonade from saucers and otherwise making fools of ourselves!

Pulling those all-nighters before our finals!

Pet turtles, Marco Soto, & the Harrisburg Bus Station???

Remember when Diane grew boobs overnight?

The night before and the morning after ICU tests?

The scouts who went down to the lobby to check out the male callers?

Our pre-warning for the fire drill? We all had our towels with us and were ready to go!!!!!

Marilyn Neyhart andAudrey Fry ran into Dr. R. Lehman with a litter!!!!!!!!

REMEMBER . . .

SENIOR DIRECTORY

Bernie Anderson
R.D.#2
Weedville, PA 15868
August 1

Kathy Araway
R.D. Box 472
Morrisdale, PA 16858
June 3

Joan Aunkst
R.D.#1
Millmont, PA 17845
September 16

Judy Aurand
P.O. Box 22
Kreamer, PA 17833
January 9

Debbie Baier
R.D.#3 Box 124
Williamsport, PA 17701
November 11

Dawn Basom
R.D.#1
Port Trevorton, PA 17864
April 18

Debbie Brown
Railroad St.
Picture Rocks, PA 17762
November 19

Barb Busshaus
Box 294
Cross Fork, PA 17729
August 6

Vickie Cook
P.O. Box 27 N. Main
Bendersville, PA 17306
February 20

Ruth Echoff
227 E. Main
Belleville, PA 17004
September 14

Vicki Eichenlaub
R.D.#1
Mifflinburg, PA 17844
September 3

Sandy Eschbach
R.D.#1 Box 332
Cogan Station, PA 17728
November 27

Carol Fisher
911 High Street
W. Milton, PA 17886
October 20

Kathy Floyd
2118 Lincoln St.
Williamsport, PA 17701
June 11

Gail Force
R.D.#1 Box 358
Northumberland, PA 17857
October 9

Lonna Fritz
R.D.#3
Benton, PA 17814
April 12

Audrey Fry
R.D.#4
Muncy, PA 17756
May 10

Cherie Girio
420 Clinton St.
So. Williamsport, PA 17701
April 30

Jane Good
P.O. Box 123
Montandon, PA 17850
July 14

Kim Hedgeland
237 Fifth St.
Renovo, PA 17764
September 25

Karen Kelley
Box 426 R.D.#1
Mill Hall, PA 17751
September 25

SENIOR DIRECTORY

Debbie Klock
R.D.#1 Box 237
Paxinos, PA 17860
June 17

Ginny MacIndoe
327 Adams St.
Williamsport, PA 17701
April 21

Bobbi Marvi
R.D.#2 Box 115
Montoursville, PA 17754
February 20

Twila Metzler
R.D.#1
Millmont, PA 17845
August 13

Rosanne Mokrzynski
106 Davis St.
Blossburg, PA 16912
September 29

Chris Molek
R.D.#2
DuBois, PA 15801
April 14

Marilyn Neyhart
331 S. Williamson Rd.
Blossburg, PA 16912
May 2

Jeanne Nihart
224 Kennedy Ave.
Mill Hall, PA 17751
February 16

Ann Norris
424 Glenwood Ave.
Williamsport, PA 17701
October 29

Barb Nyman
R.D.#1
Howard, PA 16841
January 12

Kathy Pasukinis
R.D.#1 Box 6
Cogan Station, PA 17728
June 23

Deb Pepperman
1805 Jamison Ave.
Williamsport, PA 17701
January 12

Diana Plymette
802 Washington Blvd.
Williamsport, PA 17701
May 3

Carol Powell
2745 Four Mile Drive, R.D.#3
Montoursville, PA 17754
August 21

Cindy Shaffer
226 Fifth St.
Renovo, PA 17764
February 15

Carol Sigafoos
117 Tenth Ave.
Shamokin Dam, PA 17876
November 29

Carol Slack
916 Walnut St.
Sunbury, PA 17801
December 27

Diane Staib
1122 Baldwin St.
Williamsport, PA 17701
July 6

Barb Tidd
R.D.#2
Brookville, PA 15825
August 27

Donna Waldman
R.D.#3
Williamsport, PA 17701
November 4

Vicki Yohe
R.D.#2 Box 209
Reynoldsville, PA 15851
March 27

JUNIORS

Fundraising is done with one goal in mind: raising money to publish our Senior yearbook. Sales this year included a raffle, hoagies, candles, WHSN mugs, and baked goods. Junior Student Organization contributions included a guest speaker on hypnotism.

Front row left to right; Candy Young, Vice President; Leslie Kennedy, President; Jeanne Dunkle, Advisor: Dawn Jones, Treasurer; Vicki Katherman, Secretary; Absent: Sharon Little, Library Representative; Mrs. Rosencrance, Advisor.

Lois Aulick

Lisa Burns

Teresa Creveling

Cathleen Crowley

Mary Danneker

Janet Dieck

Susan Diem

Ginny Fisher

Paula Fisher

Beth Frazier

Merrily Frey

Sharon Harmon

Kathy Harstead

Rena Herman

Dawn Jones

Vicki Katherman

Leslie Kennedy

Sheila Lebo

Sharon Little

Nancy Miller

Cynthia Missien

Christine Murray

Cathy Raymond

Marie Seers

Debbie Shaffer

Debra Wagner

Linda Wagner

Margaret Wehler

Trudie Wenner

Helen Whittemore

Claudia Willis

Stephanie Willis

Valerie Wohlfert

Mary Worthington

Carolyn Yorlets

Candace Young

FRESHMEN

Being a Freshman isn't always easy. Fear and uncertainity are major obstacles to overcome. With each new skill that is mastered comes increased responsibilities and awareness on the part of the student. Courage and a genuine concern for the well-being of fellow humans is needed. We can go far.

Clockwise from bottom: Advs. – Mrs. Young, Mrs. Riley. Kelly Glossner, V. Pres. Linda Neitz, Tres. Margaret Moyer, Sect. Absent: Michael Kuczek, Pres. Cynthia Carstetter, Library Rep.

Becky Alexander

Linda Anderson

Diane Baer

Michelle Baier

Teresa Busia

Margaret Carpenter

Cynthia Carstetter

Yvonne Coover

Maureen Crowley

Rochelle Crumb

Linda Dieffenbach

Diane Doughty

Erin Downs

Vida Ann Endrizzi

Stephanie Everly

Janie Frederick

Mary Ann Gabel

Gayle Ganoe

Kelly Glossner

Keith Hackenberg

Deborah Hales

Deborah Hallow

Denise Hamm

Rebecca Hendershot

Dawn Henrie

Cheryl Hilner

Linda Isernhagen

Kandice Kibbe

Geoffrey Kiesinger

Kathaleen Kline

Deborah Klotz

Deborah Kraft

Celeste Kropp

Michael Kuczek

Margaret Manikowski

Ruth Mann

Susan Mourey

Margaret Moyer

Nancy Moyer

Linda Neitz

Marianne Peek

Linda Peterman

Carol Pifer

Darlene Reeder

Sandra Rhodes

Connie Ritter

Kathy Roush

Trudy Shoemaker

Scott Sholley

Leann Stuempfle

Al Tagliaferri

Brenda Terry

Deidre Tomeo

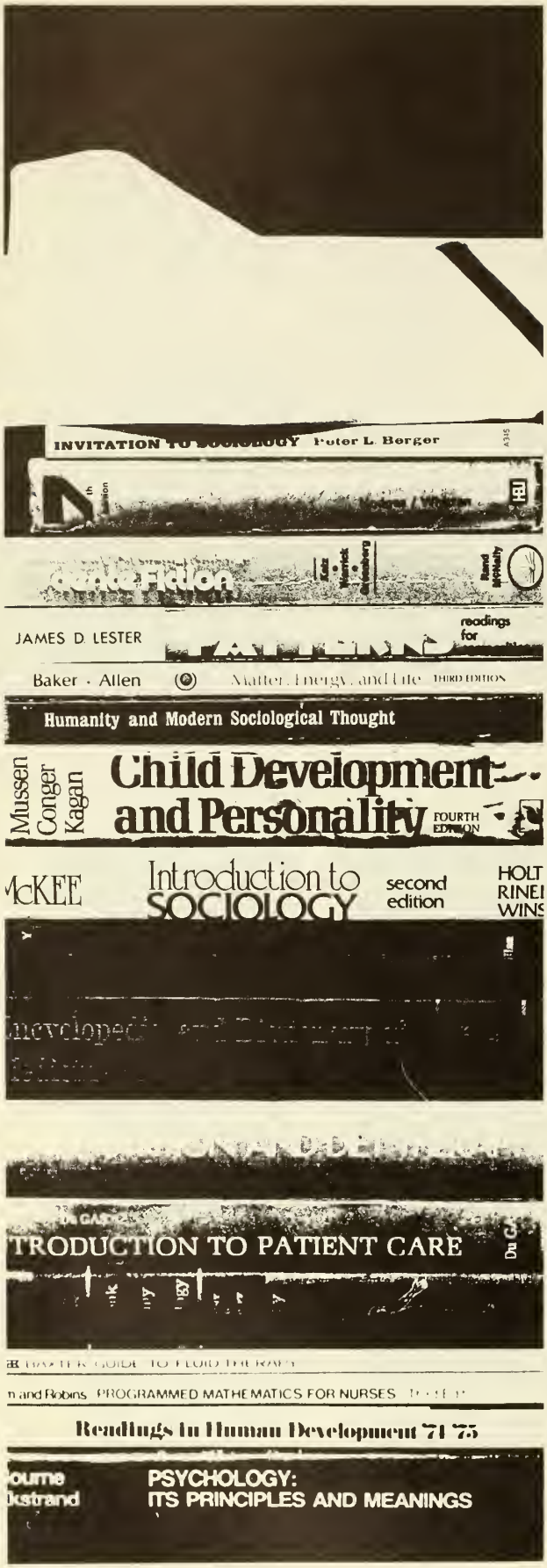
Phyllis Tomlinson

Cynthia Vilello

Mary Walker

Kathryn Williams

memories.


INVITATION TO SOCIOLOGY Peter L. Berger
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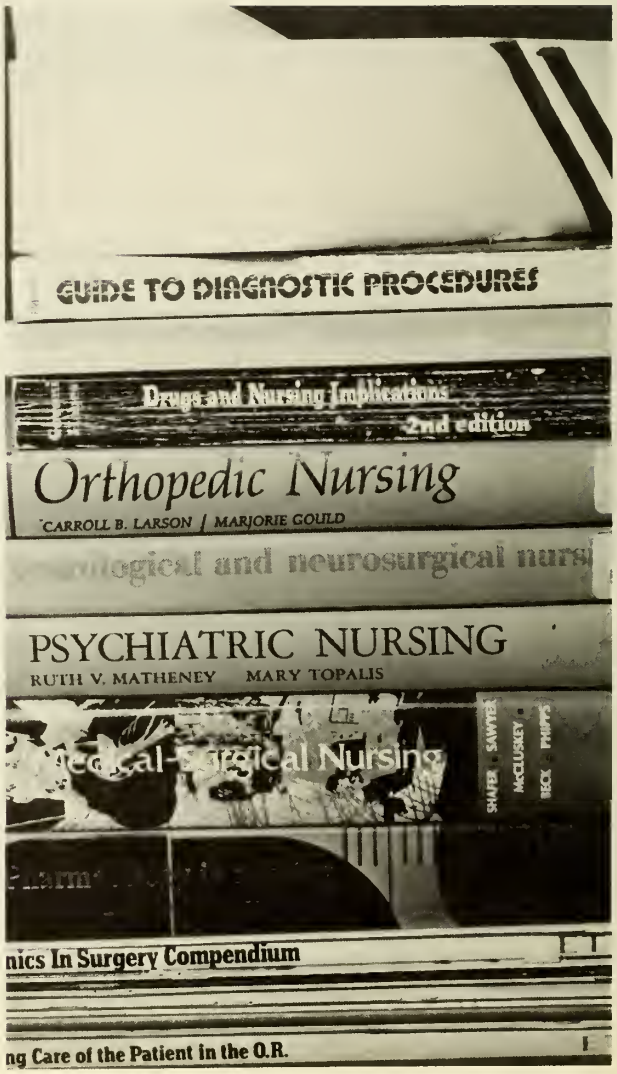
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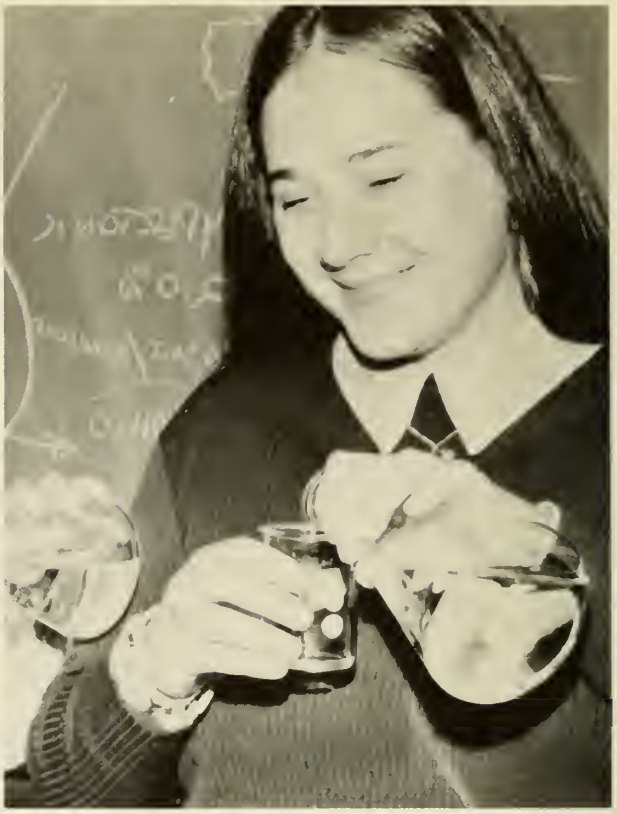
SPECIALTIES

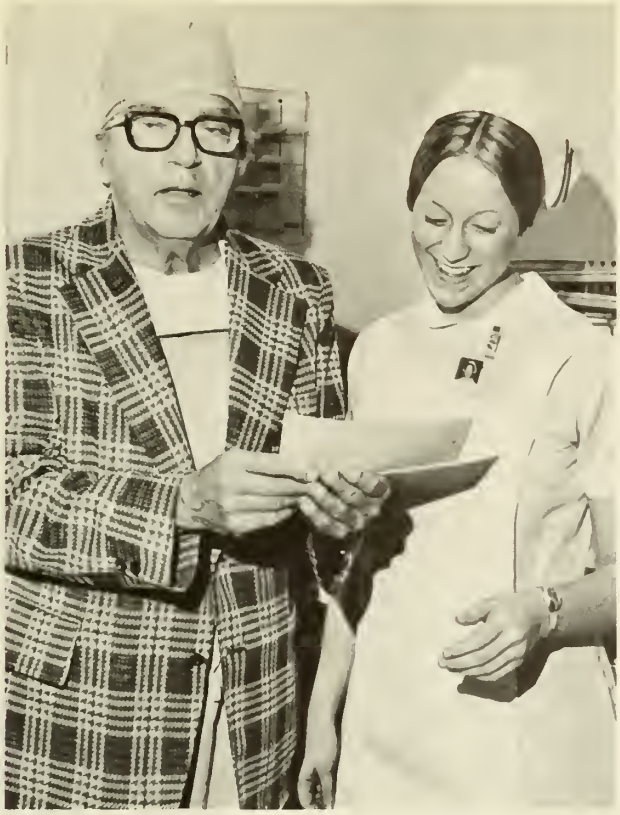
FUNDAMENTALS I

Fundamentals I provided us with basic knowledge and skills to meet the needs of the patient. Mastering TPR, BP, baths and bedmaking intrigued us, and nurtured our visions of becoming nurses. As members of the nursing team our skills in communication and observation started to develop, aiding us in viewing each patient as an individual. Here we received our first taste of nursing.



FUNDAMENTALS II

Insecurity was evident as we struggled with techniques which were completely new to us. It was not uncommon to find us pleading with friends and instructors to help us through these unfamilar times. Our most interesting lab was practicing giving injections to oranges, then to each other. The foundation was laid, the opportunities available, we had begun to build.



NURSING I

We're finally real nursing students, working on the unit, giving medications, and having classes concerning only nursing subjects – cancer, diabetes, skin disorders, etc. Our disorganization was evident in our constant hovering over our patients. Competence in nursing skills was our goal.

NURSING II

Nursing II began a harried junior year for us. Clinical hours were filled with the trials of working with IV's, ostomies, tube feedings, dressing changes, suctioning ... Between care plans, teaching projects, and piles of class material we wondered how we would ever get through the course – but we did.

NURSING III

Surgical nursing provided observation of surgical procedures with correlation of previously acquired knowledge of anatomy, physiology, and pathophysiology. We were assigned to care for patients during the pre-operative, operative, and post-operative phases. Emphasis was placed on the rationale of nursing measures, safety principles, and legal liability insuring the patient competent surgical care.

800

NURSING IV

Rehabilitation was a specialized entity in our nursing education. This course introduced us to the needs of patients with orthopedic and neurological problems. Skills which had been impaired were relearned through the use of many types of therapies. Contacts with these patients taught us the true meaning of rehabilitation and the importance of patient self care.

MENTAL HEALTH NURSING

Our false, preconceived notions of mental illness were replaced by the realization that our patients were ordinary people, who were overwhelmed by their daily problems. Mental Health taught us the skills of active listening and reflection of thoughts. This course also instilled in us the desire to teach the public that mental illness is not taboo, but a medical concept which is the community's responsibility.

PEDIATRIC NURSING

Pediatric nursing developed flexibility in our nursing experience as we cared for the wee folk. Our greatest fear was that first injection to those squiggly little kids. Game making, story tellying, diaper changing, rocking to sleep, and receiving that one little smile as our reward are the fond memories we will cherish when remembering Pediatrics.

MATERNITY NURSING

In maternity nursing we had our first experience with child bearing and the newborn. Those were days of staying with the laboring patient until she delivered at 3am and waking up everyone to share our joy that "It's a ____!" Precious moments occured such as hearing a new father say, "Hey, I'm your daddy!" While learning about pregnancy, labor, delivery, and the post partal period, we became able to care for and support the family.

NURSING V

Nursing V challenged us to pull together previously acquired knowledge and apply it to the critically ill patient. In this course we traced the disease process back to the cellular level. We came to this course fearful and anxious. We wondered if we would meet the necessary standards for critical nursing and finished amazed by the abilities we exhibited.

NURSING VI

Our anxieties were never greater than when we entered Nursing VI. The days of team nursing and care planning were here. Deciphering Dr.'s orders, accompanying them on rounds and taking our turn as med nurse were among our new accomplishments. We accepted more responsibility and made more pertinent decisions to prepare us for GN . . . RN.

EXECUTIVE BOARD

Student Organization Executive Board, the strong backbone of the Student Organization, is where the action is. Class and student organization officers and committee chairmen meet monthly to consider proposed activities and to discuss financial and educational concerns. This committee also makes the initial decisions concerning the agenda of the monthly Student Organization meetings. These seemingly never-ending meetings result in better communications and an increased awareness of school activities for all nursing students.

Front Row: Linda Neitz, Ruth Echoff, Kathy Araway, Dawn Basom, Barb Tidd. Second Row: Mrs. Eleanor Derr, Diane Staib, Jane Good, Audrey Fry, Vicki Yohe, Miss Joan Paradis. Third Row: Margaret Moyer, Cindy Shaffer, Linda Wagner, Kelly Glossner.

LIBRARY COMMITTEE

The Library Committee discusses rules and regulations of the library and purchasing of new equipment which may be used in the library or by the faculty as a teaching tool. Each topic is discussed separately and a plan of action is taken. Some of this action emerged in the newly formed Learning Resource center which combined the medical and nursing libraries.

Front Row: Miss Judy Coup, Mr. Michael Heyd, Sharon Little, Mrs. Eleanor Derr. Back Row: Debra Baier, Cindy Carstetter, Mrs. Doris Pick, Miss Judith Snyder.

Front Row: Miss Judy Coup, Helen Whittemore, Stephanie Everly. Second Row: Michelle Baier, Vicki Eichenlaub, Vickie Cook, Debbie Wagner, Leslie Kennedy.

SNAP LEGISLATIVE

In this age of increased human awareness and knowledge much has been accomplished through legislation to ensure that a person's rights are not violated. This year the function of the SNAP legislative committee was the formulation of a Student Bill of Rights and the development of a Grievance Procedure for the Williamsport Hospital School of Nursing. This Procedure provides a student who feels his rights have been infringed upon with a means to resolve his grievance.

This committee composed of students and faculty members worked diligently in this difficult task in an effort to provide the student with the ability to participate as much as possible in the formulation of academic and other student affairs policies.

FINANCE COMMITTEE

The finance committee is called upon at the end of each year to delve into the many pages of figures and numbers of the Student Organization ledger. Out of this conglomeration is developed a proposed budget for the following year. Specific allottments for each activity and committee are allocated. This provides a hub around which school activities can be planned for the following year. Consideration of each group's monetary needs is evaluated.

Left to Right: Linda Wagner, Audrey Fry.

SOCIAL COMMITTEE

Snow, Christmas cheer and a longing for a much needed vacation – this combination of events sparked student interest in attending our formal Christmas dinner-dance.

With the snow gone and spring blossoming, merriment abounded throughout an enchanted evening: our spring dance. This, our last formal social gathering held special moments for all of us.

Music, dancing, and good times for all are the prime concerns of the social committee. Relief from our studies is provided through participation in these activities.

Bottom row: Connie Ritter, Cathy Crowley, Cathy Raymond. Top row: Vicki Eichenlaub, Carol Slack, Margaret Moyer, Erin Downs, Carol Sigafoos, Cindy Shaffer, Valerie Wohlfert.

RECOGNITION COMMITTEE

The Recognition Committee is composed of a chairman and representative from the Senior, Junior, and Freshman class. They acknowledge people who have excelled in activities or contributed to the student body in a giving manner. Awards are then presented at the May Student Organization meeting.

Left to right: Kathy Araway, Lonna Fritz.

Lt. to Rt. Carolyn Yorlets, Diane Staib, Yvonne Coover, Barb Tidd.

BY-LAWS COMMITTEE

Each year this committee revises the Bylaws, the foundation on which the student organization is built. The Bylaws committee makes amendments as needed and submits the proposed changes to the student organization for final approval. This task demands many hours of devoted adding, deleting and rewording to provide a complete, up-to-date result.

Left to right; Vice President, Linda Wagner; President, Jane Good; Treasurer, Audrey Fry, Parlimentarian, Diane Staib; Secretary, Vicki Yohe.

STUDENT ORGANIZATION OFFICERS

The Challenge: searching for ways to make the student organization more active and more serviceable.

The Methods: Changing meetings to a more convenient time; purchasing name pins, lockers for non-resident students and residence decorations; and more student reporting.

The Result: more students cooperation.

STUDENT SERVICES

Student Services, a relatively new committee comprised of students, faculty and the residence director, was willing to listen to our gripes and suggestions. Through this committee students now have a direct voice in the development of residence policies. As a result of their hard endeavors, many needed improvements for the students have been made.

Front row: Mrs. S. Young, Miss R. Zeigler, Miss J. Coup, Miss M.A. Hubicki
Back row: Miss J. Paradis, C. Slack, D. Reeder, D. Basom, K. Kibbe, M. Seers

JUDICIARY COMMITTEE

Rules governing student life are established cooperatively by students and faculty. Representatives are elected to enforce the rules, evaluate infractions and suggest an appropriate penalty. Each member's acceptance of this role is necessary to maintain student self-determination.

Left to right: B. Nyman, K. Floyd, D. Waldman, L. Wagner, T. Wenner, K. Harstead, G. Fisher, S. Mourey.

AUDITING COMMITTEE

This committee is made up of four students, one member from each class. Meetings are held throughout the school year to monitor the expenses and receipts of our school.

Clockwise from lower left: D. Basom, D. Kraft, L. Wagner, J. Aurand.

Front row: M. Dannekei, C. Ritter. Middle row: J. Aurand, J. Nihart, Ms. J. Snyder, B. Anderson, D. Baier. Back row: C. Vilello, C. Carstetter, T. Shoemaker. Standing: D. Basom. K. Kelley.

CHORUS

After everyone settled into the school routine again, a group of students who liked to sing, gathered to form the chorus. They began to rehearse carols in preparation for the annual Christmas service but due to a lack of members the concert was reluctantly cancelled this year. They did however, make plans in cooperation with NCF to provide a Christmas program followed by a warming tea and open house at the residence.

Front row: L. Wagner, D. Basom. Middle row: D. Hamm, L. Burns, L. Kennedy, V. Yohe, T. Metzler, Miss J. Coup. Back row: S. Diem, J. Aunkst, Mrs. D. Pick, B. Tidd, J. Aurand.

NURSE'S CHRISTIAN FELLOWSHIP

Nurses' Christian Fellowship is an organization centered solely on the Lord Jesus Christ. In fellowshipping, we are strengthened and challenged by the testimonies of one another. We enjoy Christmas caroling, singing at nursing homes, and conducting our own sing spirations. There are many refreshing thoughts and attitudes gained from only thirty mintues of God-centered activity.

SNAP

Following the direction of "Update and Action" SNAP had a new vitality. Activities included: the state convention, community service projects and holding Area Four conventions here. This year Williamsport's Michael Kuczek was elected as Pennsylvania's SNAP President. SNAP endeavors have brought much recognition to WHSN.

Front row left to right: Stephanie Everly, Phyllis Tomlinson, Vicki Eichenlaub, Geoffrey Kiesinger, Leslie Kennedy. Second row: Deidre Tomeo, Marilyn Neyhart, Vickie Cook, Leann Stuempfle, Ginny Fisher, Lisa Burns, Carol Pifer. Third row: Barb Busshaus, Linda Anderson. Members absent: Teresa Creveling, Helen Whittemore, Trudie Wenner, Deb Wagner, Kathy Harstead, Marie Seers, Vicki Yohe, Judy Aurand, Audrey Fry, Cindy Shaffer, Carol Sigafoos, Keith Hackenberg, Cynthia Carstetter, Gail Ganoe, Michelle Baier, Michael Kuczek.

Outstanding Student Nurse: Vicki Yohe

Miss Hope: Barb Tidd

The duties of the OSN included recruitment of members for SNAP and for the nursing profession. It was Vicki's task to relate the challenges of a nursing career and the personal satisfaction gained to candidates interested in nursing.

Miss Hope's main objective was to help the public become aware of cancer as a detectable and treatable disease. Through public appearances she helped fight this dreaded disease — and kindled hope.

HISTORY

This year has been filled with various changes, activities, fun, and of course hard days. The members of the historian committee have tried to capture the memories that will never again occur, but can be relived and cherished in the school's scrapbook. Our hopes are that you find the pictures and accounts enjoyable as they rekindle your memories of days gone by.

Left to right: A. Norris, B. Tidd, C. Murray, K. Hackenberg.

YEARBOOK

Final layout sheets, proofs, typewriters, grease pencils and endless meetings were the ingredients for our exciting and successful yearbook. We realize however, that additional memories, both bitter and sweet locked within our minds, can never be captured in words or pictures.

EDITORS

C. Shaffer, S. Eschbach, J. Paradis, Advisor; D. Klock

PHOTO.

D. Klock, C. Slack, K. Pasukinis, C. Sigafoos, D. Plymette. Standing – J. Nihart, B. Anderson, C. Fisher, K. Kelley, D. Baier.

LAYOUT

L-R V. Cook, D. Staib, A. Fry, B. Nyman, D. Basom, K. Floyd, J. Aurand, C. Shaffer, R. Echoff, D. Brown, V. Eichenlaub.

COPY

L-R D. Waldman, C. Molek, J. Good, K. Araway, B. Tidd, V. Yohe, S. Eschbach.

FUNDS

L-R C. Shaffer, S. Eschbach, R. Mokrzynski, K. Pasukinis, C. Powell, D. Staib.

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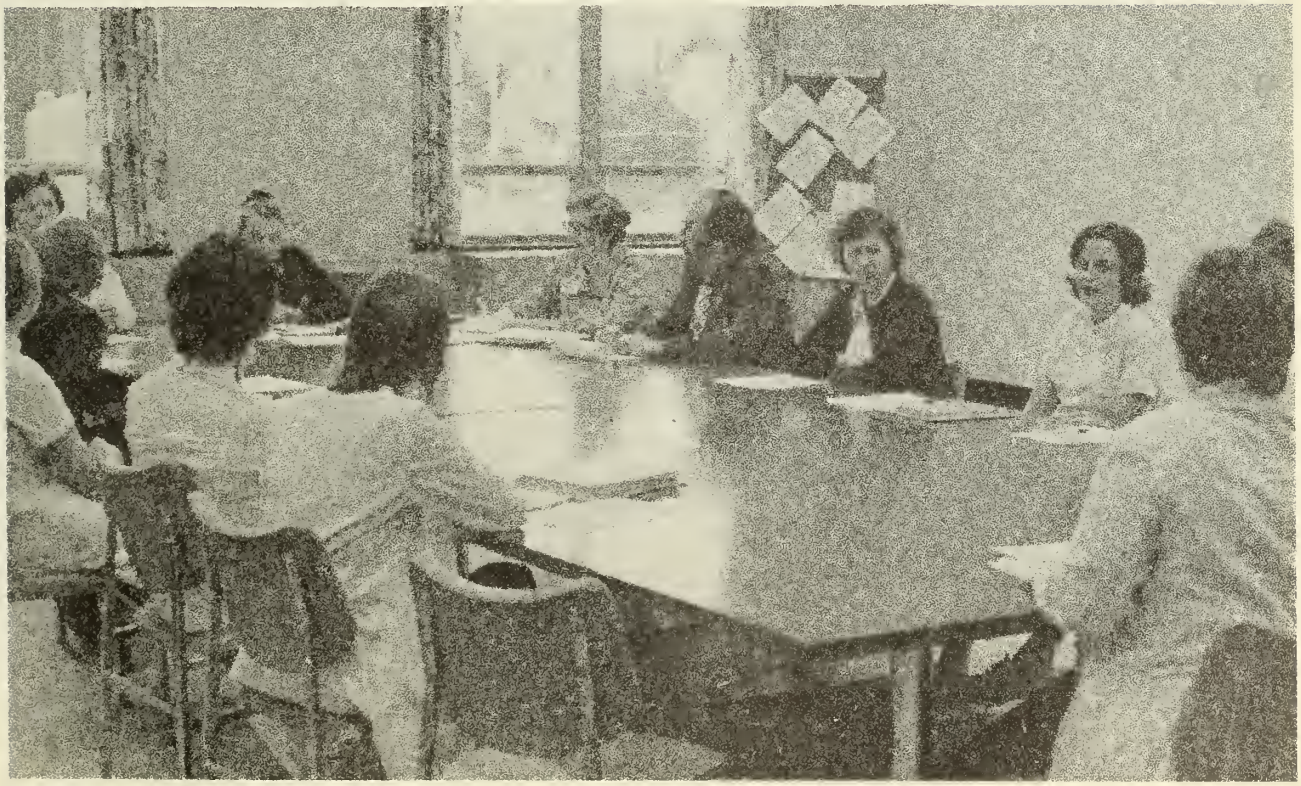

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ASSISTANT ADMINISTRATOR:
Smith Rudasill

DIRECTOR OF NURSING: Mrs. Celia Blanks

ASSOCIATE DIRECTOR OF NURSING: Miss Jean C. Balliet

NURSING ADVISORY BOARD: Left to right: Celia Blanks, Director of Nursing; Eleanor Derr, Assistant Director of Nursing Education; Robert Glunk; Joanne Fisher, Chairman; Jean Balliet, Associate Director of Nursing Education; Vicki Cook, Student Nurse; Valeria Aponick; Eleanor Evendon.

BOARD OF MANAGERS: Front row, Left to right, Alfred DiCenso; Robert A. Updegrove, M.D.; Harry R. Gibson; Joan Lamade; William D. Todhunter, M.D. Second row: P.K. Nelson, M.D.; Charles J. Stockwell, Chairman: John E. Person, Jr., Vice Chairman Secretary; James H. Lamade; H. Clay McCormick; Russell W. Pfeil, M.D.; Herman T. Schneebeli; Richard H. Confair; Dean R. Fisher; W. Holmes Yealy, M.D. Not Pictured; Matthew M. Mansuy, M.D.; Richard L. Merk; L. Clifford Myers, Treasurer.

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Mrs. M. Riley, Nursing II & III

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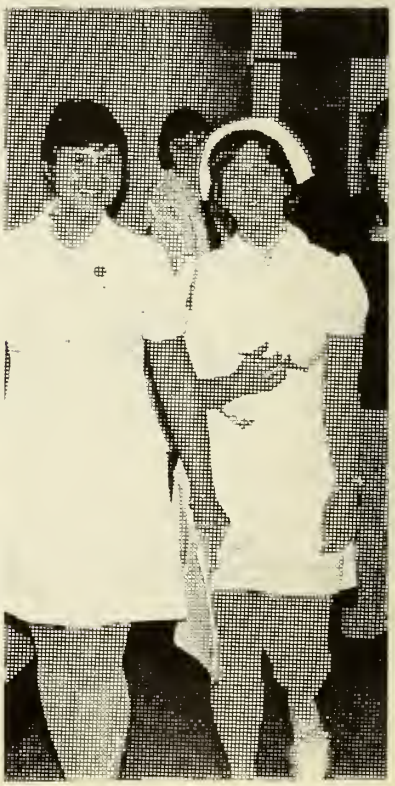
Mrs. S. Sweet, Maternity Nursing

Mrs. M. Keller, Nursing of Children & Nursing VI

Miss S. Jones, Maternity Nursing

Mrs. M. Gustafson, Nursing II & III

Mrs. M.E. Rosencrance, Nursing II & Mental Health – Psychiatric Nursing



Miss L. Cook, Maternity Nursing

Mrs. S. Young, Fundamentals I & II, Nursing

Mrs. D. Pick, Nursing II & IV

Miss J. Coup, Nursing V & VI

Mrs. J. Dunkle, Nursing V & VI

Miss M. Hubicki, Nursing IV

Miss J. Paradis, Guidance Counselor

Miss P. Reeder & Miss A. Malkin, Secretaries

Mrs. E. Chianelli, School Nurse

Dr. Hannen, School Physician

Seated left to right: Mrs. Marybelle Gramling, Receptionist; Mrs. Inez Logan, Housemother; Standing left to right: Mrs. Gladys Cellini, Housemother: Miss Ruth Zeigler, Residence Director; Mrs. Maryellen Manney, Receptionist.

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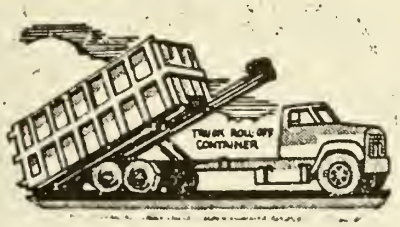

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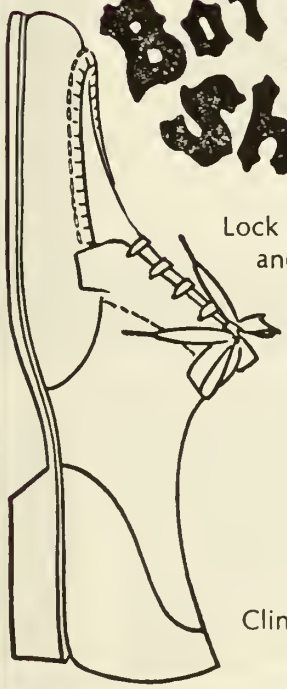

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Coop. Forestry	Elementary Ed.
Med. Tech.	Pre-Dental
Pre-Law	Pre-Med
Pre-Ministerial	Secondary Ed.

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Accounting-Mathematics
American Studies
Art
Astronomy-Physics
Biology
Business Admin.
Chemistry
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Economics
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French
German
History
International Studies
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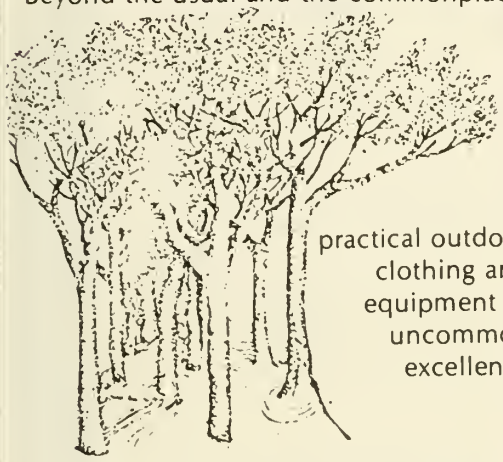

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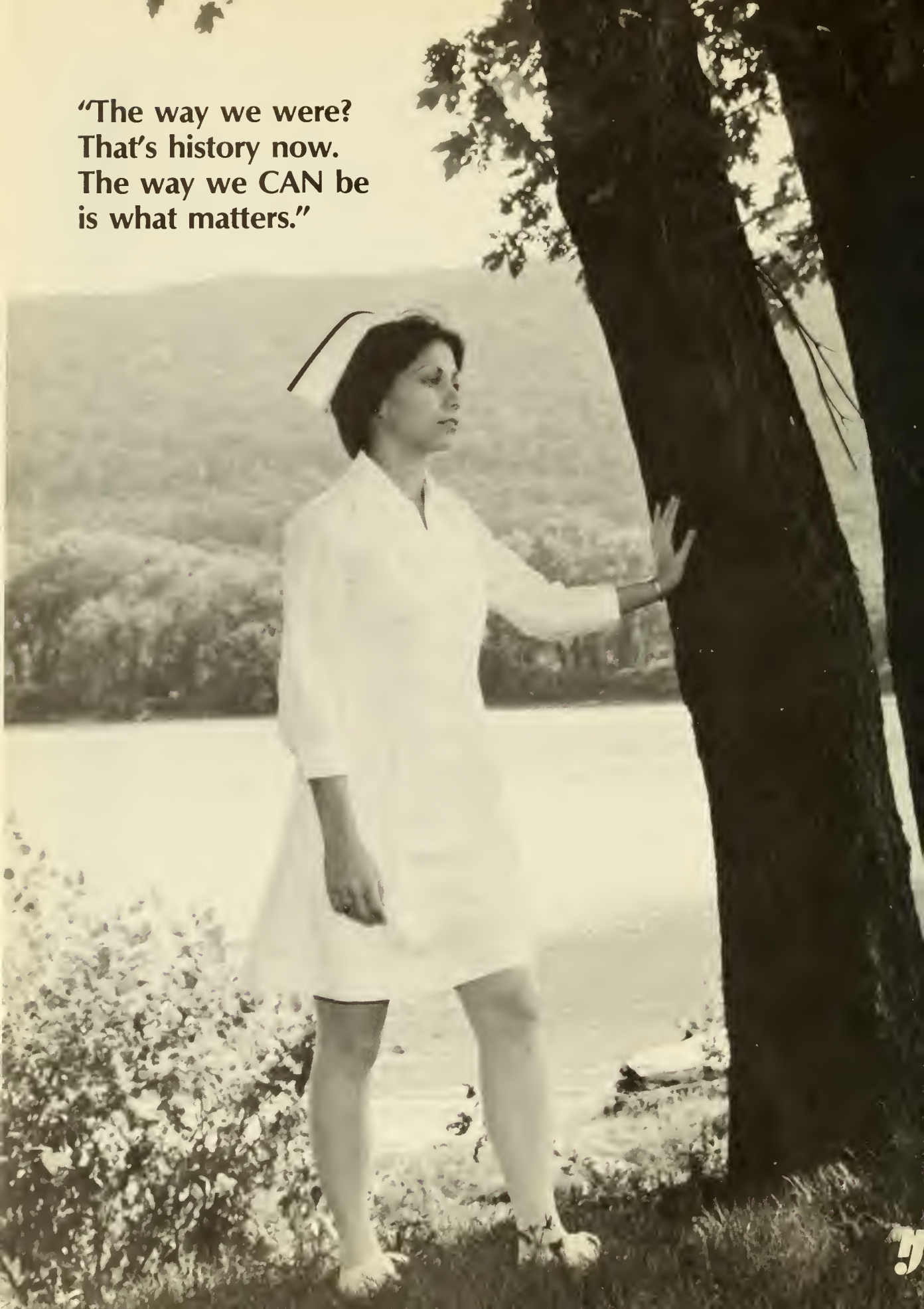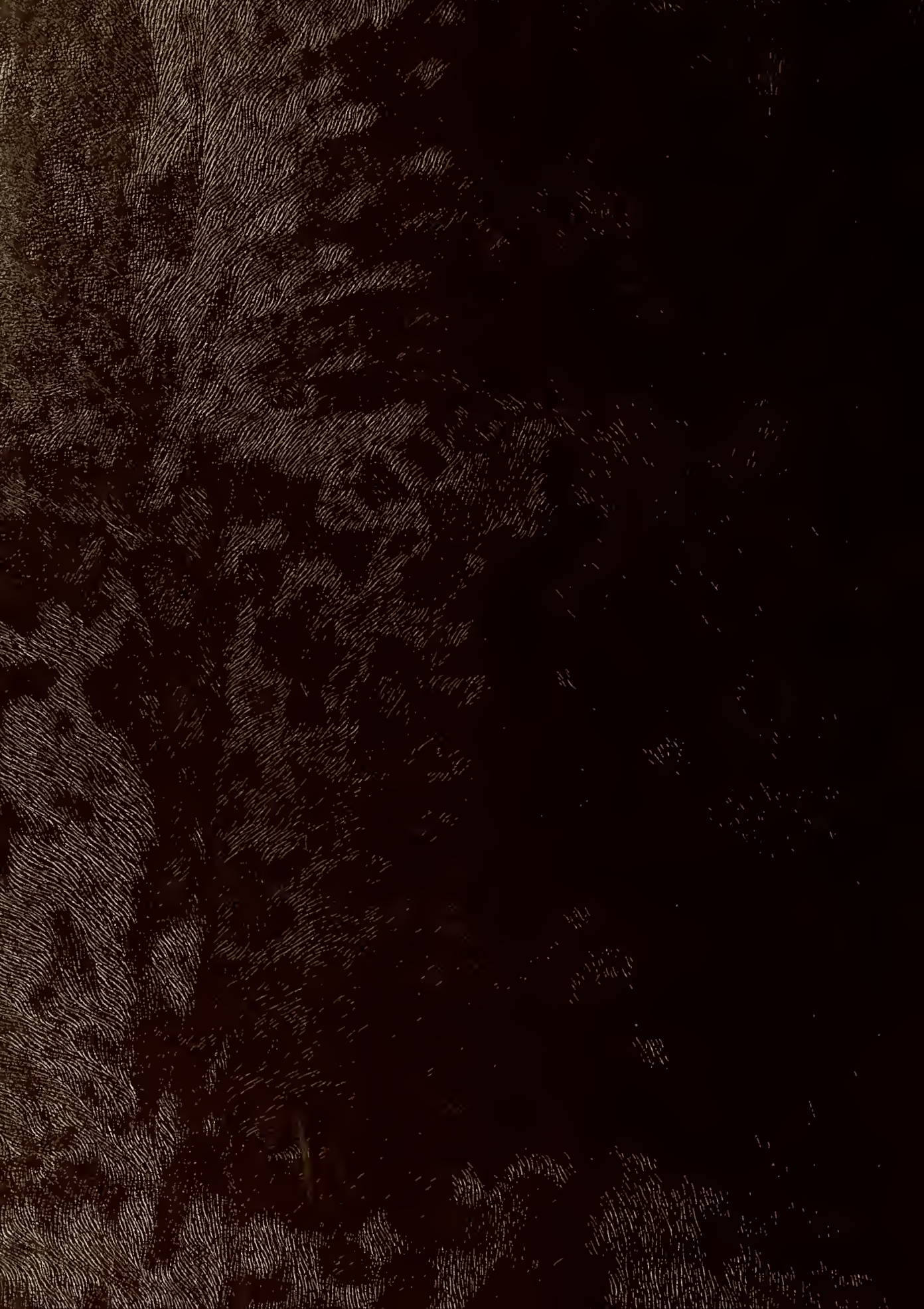
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